

*If you could go back and change something that would alter your future,
would you?*

*If you could change something now that would alter your future,
what would it be?*

Back in the Future

**Minnesota Mensa
Regional Gathering
September 28 –30, 2007**

The Essentials

Hospitality and Games

Hospitality is located on the 8th floor in room 831. The Games Room is right across the hall in room 830.

Food and beverages are available in Hospitality. Beer, soda, wine, and other beverages will be on hand, and it's all included in your registration fee.

Our hotel contract does not allow food or beverages outside of the Hospitality room, so smugglers will be asked graciously to comply. **You must be 21 years of age or older to drink alcoholic drinks in Hospitality.**

The Games Room is available to all, even when scheduled games and events are being played. A variety of games for all ages are available.

Hospitality hours:

Friday	4:00 P.M. to 1:00 A.M.
Saturday	7:30 A.M. to 6:00 P.M. (closed for banquet and featured speaker) 9:00 P.M. to 1:00 A.M.
Sunday	8:00 A.M. to Noon.

Special Hospitality events:

Friday	Pizza Party	7:00 P.M. to 9:00 P.M.
	Sing-along	10:30 P.M. to 1:00 A.M.
Saturday	Breakfast	7:30 A.M. to 9:30 A.M.
	Lunch	11:30 A.M. to 1:00 P.M.
	Closed	6:00 P.M. to 9:00 P.M.
	Sing-along	10:30 P.M. to 1:00 A.M.
	Cookie Contest	midnight to 1:00 A.M.
Sunday	Sale	11:30 A.M.

RG Committee

Regional Gathering Chairman: Richard Lee

Regional Gathering Committee:

Jane Gmur, Registrar
Teresa Manzella, Hospitality
Ken Silver, Treasurer
Joan Hiller, Children's Program

Special Thanks to: Bill Conlan, Publishing
Barb Andersen
Maggie Klinzman

Name Badges

Must be displayed at all times to participate in RG activities and imbibe in Hospitality. Contact the registrar if your name badge must be replaced.

Children are wearing badges with green framing.

Speakers are wearing badges with red framing.

Committee members are wearing badges with purple framing.

Hugging Stickers

Just like stop lights, green means "I'm ready for hugs!" Yellow means "Please ask for a hug!" And red means "I am not interested in hugging, but I'm still a good person!" Please respect the hugging indicators, and limit yourself to one sticker.

Secret hugging judges are lurking amongst the attendees! Awards for the top huggers will be made at the Sunday Brunch. Start practicing your hugs — you may already be a winner!

Lost and Found

Lost and Found will be located in Hospitality. Please bring found items to Hospitality or to any committee member.

Help!

Sign up at the registration desk to help in one of these areas:

Hospitality
Children's Program
Speaker Shepherd
Games
Registration

Registration Location

Registration is located in one of two places: the second floor near the program rooms or in Hospitality when the registrar deems that the arrivals are sparse enough to do so.

Registration hours are:

Friday 3:00 P.M. to 10:00 P.M.
Saturday 8:30 A.M. to 4:00 P.M.

Enter the Cookie Contest

Cookie contest entries should be delivered at 11:45 P.M. Saturday night. See the registrar if you need a place to keep them until then.

All attendees in Hospitality during the contest can be a judge. Sample the fare and vote on your favorites.

Children

Kids aged 6 to 12 get to have their own program of activities all day Saturday in Saint Paul II. Please register your children there at 8:30 A.M.

We ask that parents spend an hour or two helping out with the program. The hours are 9:00 A.M. to 5:00 P.M. with an hour for lunch starting at noon. Parents, please come and get your children for that hour.

Teens can use the room from 7:00 P.M. until midnight on Friday and 9:00 P.M. until midnight on Saturday.

All attendees under the age of 21 have a green-edged badge.

Parents are responsible for their children at all times during the RG.

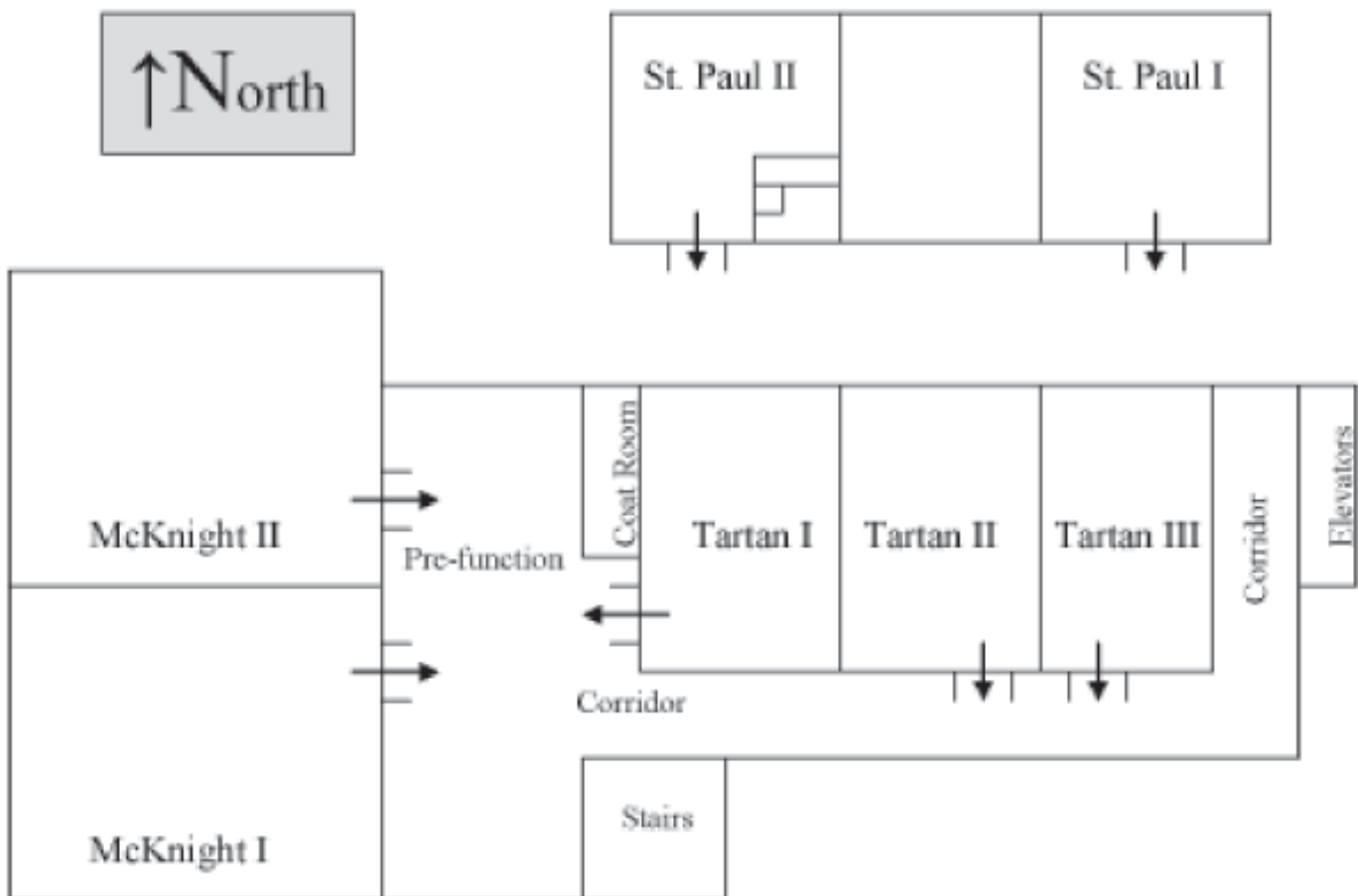
Smoking

All RG areas are public rooms and therefore nonsmoking areas under Minnesota law. Smokers must step outside and enjoy the weather.

Back in the Future

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Friday

4:00 P.M. – 7:00 P.M.

Mall of America Trip

Hotel Lobby

Want to visit one of the largest and fun-filled malls on the planet? Sign up at Registration for transportation to and from the Mall of America. Surrounded by more than 500 retail stores, The Park at MOA™ is the nation's largest indoor amusement park. Discovery Channel named Underwater Adventures® Aquarium the "Best Shark Encounter." Worn down or hungry from all the shopping or amusement park rides? Choose from 50 restaurants. Do save room for a treat in the Hospitality Suite, however. We may cancel this tour if not enough people have signed up by 3:30 P.M.

4:00 P.M. – 1:00 A.M.

Games Room

Suite 830

Like games? A variety of games is available to play, as well as a Double Deck Elimination Hearts Tournament on Friday and a Poker Tournament on Saturday.

4:00 P.M. – 1:00 A.M.

Hospitality

Suite 831

Copious quantities of snacks and beverages are available in this luxurious Executive Suite, open except for a few hours during the wee hours of Saturday and Sunday. Meet friends and make new friends!

In addition to snacks and beverages, meals in Hospitality are:

- Friday 7:00 – 9:00 P.M. – Pizza Party
- Saturday 7:30 – 9:00 A.M. – Breakfast
- Saturday 11:30 A.M. – 1:00 P.M. – Lunch

Note: No meal served in Hospitality on Saturday evening. Hospitality is closed during the Banquet on Saturday and during Brunch on Sunday.

6:00 P.M. – 7:00 P.M.

Personality types — Why Test?

Deborah Ruf, Ph.D.

Tartan II

An overview of the 16 Myers-Briggs personality types: understanding how preferences impact personality and relationships.

7:00 – 9:00 P.M.

Hospitality

Pizza Party

Enjoy pizza until you drop or the clock runs out, whichever happens first. Profuse amounts of several varieties, including vegetarian, along with your favourite beverages. No worries about overconsumption if you are staying in the hotel!

7:00 P.M. – Midnight

Teen Hangout

Saint Paul II

An opportunity for Teens to hang out, eat pizza, and whatever.

8:00 P.M. – 9:30 P.M.

An Inconvenient Truth — the Movie

Tartan II

This Academy Award winning movie, starring Al Gore, has changed our world by bringing a severe global problem to the attention of many. Now's your chance to see it for the first time or learn more from your umpteenth viewing. Recommended viewing in preparation for the discussion on Saturday.

8:00 P.M. – 9:30 P.M.

The Last Mimzy — a Movie

Tartan III

Based on the acclaimed sci-fi short story by Lewis Padgett, *The Last Mimzy* tells the story of two children who discover a mysterious box that contains some strange devices they think are toys. As the children play with these "toys," they begin to display higher and higher intelligence levels.

10:00 P.M. – Midnight

Double Deck Elimination Hearts Tournament

Games Room

Played with two decks, this exciting variety of classic Hearts features elimination until only one player remains. Expect an award for winning or for eliminating Ken Silver.

Friday – Saturday

10:30 P.M. – Midnight

Joke-Off

Tartan III

Here's your chance to shock or stun the audience with your latest or best jokes. Parents – some jokes may not be appropriate for children.

10:30 P.M. – 1:00 A.M.

Sing-along

Hospitality

Back by demand, this extremely popular event features the same artist(s) as at the 2006 World Gathering and the 2007 Annual Gathering. Sing along with your friends and soon-to-be friends until your voice gives out, then sing some more.

Saturday

Hospitality

Suite 831

Saturday events in Hospitality:

Continental Breakfast 7:30 – 9:30 A.M.

Lunch 11:30 A.M. – 1:00 P.M.

Closed 6:00 – 9:00 P.M.

Sing-a-long 10:30 P.M. – 1:00 A.M.

Cookie contest Midnight – 1:00 A.M.

7:30 A.M. – 6:00 P.M.

Games Room

Suite 830

Continuation of games, games, games for those so inclined.

Poker Tournament 3:00 – 5:30 P.M.

8:30 A.M. – 5:00 P.M.

Children's Program

Saint Paul II

An opportunity for your young children to participate in planned activities for gifted children. Please schedule at least one hour of your day to work alongside or simply encourage your child in these activities. Please register your children for the program at 8:30. The program begins at 9:00.

RG2007

9:00 – 9:50 A.M.

An Inconvenient Truth — discussion

Katheryn Schneider

Tartan II

With New York City finally ridding itself of the smells that only a nasty heat wave can incubate, and the Bay Area looking at a past heat wave of its own, people are starting to do the math: Gluttony + Time = Global Warming. What they're realizing is that, after living for hundreds of years without much of a care for the environment, the planet may be about to retaliate by giving us, and our children, and our children's children, a future climate that we are wholly unprepared to face.

You are convinced the problem is real, but what can you do about it? To start, hear, and discuss Will Steger's "10 Ways to Stop Global Warming", review expert documentation, and begin to change your lifestyle now, while you still have choices.

9:00 – 9:50 A.M.

A Living Life Style

Daniel Barrett, Doctor of Chiropractic

Tartan III

Two out of three will die of heart disease or cancer unless we change our lifestyle! You are drowning in misinformation on the causes of health and disease. You will hear a stunning exposé of the leading cause of death (*not* heart disease or cancer), powerful miracle stories from practice, and simple tools you can use tomorrow to keep from becoming a victim of the three big killers.

10:00 – 10:50 A.M.

Will the Flu Get You?

Aggie Leitheiser

Tartan II

Scientists and epidemiologists worry about a Pandemic Influenza epidemic similar to the 1918 "Spanish Flu." Today, instead of traveling by boat, it would travel by airplane via travelers whose symptoms are not yet visible. Learn about the concerns throughout the world, what preparations are under way, your risks, and how you can prepare for it.

Saturday

10:00 – 10:50 A.M.

Questionable Medical Devices

James Satter

Tartan III

A look at history's untested, unfounded, and off-the-wall medical devices. Why did people use these treatments? And how did they impact the American Medical Association and Food and Drug Administration?

You will see actual devices and be amazed at how people could believe in their benefits.

10:00 A.M. – Noon

Massage Therapy

Vibrant Life Center

Saint Paul I

Get the knots worked out, relax at the end of a busy week, or recover from spending most of the RG on your feet. Professional massage therapists offer a variety of options, from 10 minutes to an hour. Suggested donation is \$1 per minute.

11:00 – 11:50 A.M.

Drama of the Gifted Adult

Deborah Ruf, Ph.D.

Tartan II

A look back at the turmoil we suffered while growing up gifted and looking forward to help our gifted children avoid the same pitfalls.

11:00 – 11:50 A.M.

Finding the Apricot Jam Inside the Sacher Torte

Bill Morelock

Tartan III

Vienna 1888

The City was a wonder, from our perspective a garden of historical and artistic delights. The Emperor Franz Josef celebrated his 58th birthday and his 40th year as head of the Hapsburg Empire. The buildings of the great Ringstrasse were finally being completed, the Court Theatre opening in the fall. Who was here? In music, Johannes

Brahms, Johann Strauss, Jr., Hugo Wolf, Anton Bruckner—Gustav Mahler directed the Opera at Budapest, an Austrian satellite. A young neurologist named Freud was scaring away patients with his ideas about the unconscious. Gustav Klimt got paying work painting portraits of Very Important Persons on the Court Theatre ceiling, and hated it. But beneath the gaiety of endless parties and spectacles, there was a nervousness, a discontent.

We'll take a musical-political tour of old Vienna. The hopes and envies of artists, the machinations of the powerful and the ambitious, and what might have been (and not been) if Rudolf had lived.

11:30 A.M. – 1:00 P.M.

Lunch

Hospitality

Grab a quick bite or plate loads and settle down with old friends or new friends to discuss things.

1:00 – 1:50 P.M.

Reinventing Retirement Workshop – Five Things to Know Before You Retire

Jodi Miller-Hammes

Tartan II

Retirement planning is a combination of identifying your goals and planning for the financial realities of achieving them. Reinventing Retirement is an interactive workshop that will help you answer the following questions:

- What will you retire to?
- Will you have enough money?
- How should you invest along the way?
- What do you want to leave your heirs?

1:00 – 1:50 P.M.

The Fountain of Youth

Judy Beyers

Tartan III

"We are not victims of aging, heredity, circumstance, or injury. Deep within each of us is a tremendous untapped source of strength, endurance, and power – our muscle!" Searching for the fountain of youth, Ponce de Leon walked right by it and with it. You'll leave with knowledge of how to reverse the aging process through nutrition and exercise at home.

Saturday

1:00 – 3:00 P.M.

Massage Therapy

Vibrant Life Center

Saint Paul I

Get the knots worked out, relax at the end of a busy week, or recover from spending most of the RG on your feet. Professional massage therapists offer a variety of options, from 10 minutes to an hour. Suggested donation is \$1 per minute.

2:00 – 2:50 P.M.

Optimal Health

Robert Moore

Tartan II

Once almost 100 pounds heavier, Robert shares how proper nutrition and diet brought him to his optimal weight and how he maintains both weight and health.

2:00 – 2:50 P.M.

Improv Workshop

Joette Poehler and Bill Fricke

Tartan III

Stop worrying about that next presentation. Learn to think on your feet. Join us for an introduction to improv. In this interactive session, you will learn a few of the basic rules of improv and a couple of games. Improvisation techniques can help you develop poise, spontaneity, and self-confidence. We'll also give you some resources if you're interested in pursuing further training.

3:00 – 3:50 P.M.

Myers-Briggs Personality Types

Deborah Ruf, Ph.D.

Tartan II

How personality affects the many aspects of our lives, including intellectual profile.

3:00 – 3:50 P.M.

Ask the RVC

Ken Silver

Tartan III

Have a burning question about Mensa? Want to know why Mensa things are the way they are? Our own Ken Silver, RVC4, sits on the board (AMC) of American Mensa. Ask Ken!

3:00 – 5:30 P.M.

Silent Auction

Foyer 2nd Floor

Bid those hoarded Mensabucks on items of value in partial exchange for the hours of volunteer time you have given Minnesota Mensa. You can spend Mensabucks only and the highest bidder on each item will take away the loot at the end of the auction. Hope you brought your Mensabucks!

3:00 – 5:30 P.M.

Poker Tournament

Andy Hogan

Games Room

Andy invites you to try your hand at the game that's sweeping the nation, Texas Hold 'Em Poker. A prize for the top finisher and an award for anyone who knocks Andy out.

4:00 – 4:50 P.M.

Biblical Prophecy: Fact or Fantasy?

Charles Evans

Tartan II

Charlie will compare known facts with prophecies that have been fulfilled and those that have not been fulfilled. He will ask questions that stimulate intellectual discussion and meditation about the future. The discussion should be interesting to people of any religious belief or nonbelief.

Saturday

4:00 – 4:50 P.M.

Thrill of Social Dancing

Patrick Ellner and Andrea Mirenda

Tartan III

So you think ballroom dancing is a thing of the past or just plain boring? It's too difficult or you think you have two left feet? If you've ever tippy-toed your way into a center seat at a movie, even *you* can dance! Learn how to get your thrills with social dancing!

5:00 – 6:00 P.M.

New Members' Reception

Suite 731

New to Mensa in 2005 or later? A reception just for you and others joining in these three years.

6:00 – 7:00 P.M.

Social Hour & Cash Bar

Restaurant – 1st floor

A time to relax, let your hair down, and enjoy talking with people who share your interests and passions.

Note: Hospitality and Games are closed from 6:00 to 9:00 P.M.

7:00 – 9:00 P.M.

Banquet

Restaurant – 1st floor

Featured Speaker

**The Honorable Mark Ritchie
Minnesota Secretary of State**

One of Minnesota's four constitutional officers describes historical precedence and how it shapes our future.

9:00 P.M. – Midnight

Teen Hangout

Saint Paul II

An opportunity for Teens to hang out and whatever.

9:00 P.M. – 1:00 A.M.

Hospitality

Events in Hospitality tonight:

Sing-along 10:30 P.M. – 1:00 A.M.

Cookie contest Midnight – 1:00 A.M.

Bring cookie entries to Hospitality at 11:45

9:00 P.M. – 1:00 A.M.

Games Room

An opportunity to continue that game and get revenge!

9:30 P.M. – 1:00 A.M.

Ballroom Dance

Patrick Ellner and Andrea Mirenda

Restaurant – 1st floor

Hosted by Fred Astaire Dance Studios, you'll put your dancing skills into practice, whether you've been dancing for years or just picked up your skills earlier in the afternoon. With a variety of dances, you'll look like a pro with help from Patrick and Andrea.

10:30 P.M. – 1:00 A.M.

Sing-a-Long

Hospitality

Sing until after the new day with your friends.

Midnight – 1:00 A.M.

Cookie contest

Hospitality

Turn in your cookie entry by 11:45 P.M. in Hospitality for judging at midnight. All attending are eligible to judge. Cookies will be served to everyone after the contest prize is awarded.

Sunday

Sunday

8:00 – Noon

Hospitality

Snacks for those needing nourishment at the very beginning of the day.

9:00 – 10:00 A.M.

Chapel — Ancient Future: A Personal Journey from Science to Faith

Tartan III

A nondenominational Christian chapel opportunity to be encouraged in your faith and worship God in a casual, contemporary environment with other Mensans.

10:00 – 11:30 A.M.

Brunch

Ballroom – on 2nd floor

An optional Sunday brunch for those who chose this classic at registration. An opportunity to receive that award or prize you earned during this RG.

11:30 A.M. – Noon

Hospitality Closeout

As there were ample amounts of food during this weekend, there may be opportunities for you to pick up ample amounts of your favorite foods. Please look in, check out the goodies, and spend a few minutes with your friends before leaving for the day.

The Speakers

Daniel Barrett

“Help as many people as possible live life fully, as free from drugs as possible.” Daniel Barrett, in his 17th year as a Doctor of Chiropractic, uses his eclectic past daily. Talented musician and engineering student, his passion is saving lives through healthy self-expression. In addition to his DC, his obsession with whole body functioning compelled him to complete an MD. His holistic understanding brings miracles, like a crippled seven-year old walking and jumping rope, a stove-up 65-year-old throwing away her walker for good!

Judy Beyers

With more than 25 years as a personal trainer specializing in strength training, Judy works with people looking to deal with stress, gain confidence and power in their body language, and gain endurance and freedom from fatigue.

Patrick Ellner and Andrea Mirenda

Between the two, Patrick and Andrea have been dancing and teaching ballroom dance in Minnesota, Nebraska, Kansas, and Wisconsin for more than 35 years. They currently own two dance studios and work with others to own their own studios as well.

Charles Evans

Charlie Evans is a retired college instructor, but not a Bible college instructor. He has been a student of the Bible for many years, and leads regular Bible studies in church and independently. The prophetic books of the Bible are a special interest.

Dr. Jeffrey Jibben

Dr. Jeffrey Jibben is a Mensan who started out as a scientist having earned a BA from Gustavus Adolphus College with majors in biology and chemistry. Before entering graduate school, there was a dramatic change that led Jeff to seminary earning a M.Div. in Biblical languages, M.A. in Biblical literature, and D.Min. in church leadership. He is currently working toward a Ph.D. in New Testament theology from the University of Wales. Jeff is the pastor of Shorewood Community Church in Chanhassen, Minnesota. He and his wife are proud parents of four sons: Zach, Josiah, Matthew, and Elijah.

The Speakers

Aggie Leitheiser

Aggie Leitheiser is the director of emergency preparedness for the Minnesota Department of Health. Recognized in 2004 as one of “25 Faces of Public Health” in the U.S., her commitment to public health gained her the reputation of being one of the reasons why Minnesota consistently ranks as one of the healthiest states in the country.

Jodi Miller-Hammes

Jodi-Miller Hammes is a senior financial advisor for Palen, Hammes and Associates, a financial advisory practice of Ameriprise Financial Services in Rochester. Jodi helps clients plan their futures by learning their uniqueness and what is important to them and their families. With gifted children of her own, she understands the wide-ranging interests of gifted clients.

Robert Moore

“Almost 100 pounds overweight, my doctor told me that my lifestyle was going to change. My only choice was to be in control of my body or have my body control me. Plunging into a pool of 177 million diabetics, I stumbled upon a book comparing over 1,600 nutritional supplements. Of those, USANA ranked number 1. To avoid an uncomfortable life and early death, I chose USANA and the rest is history.”

Bill Morelock

On the air weekday evenings on Classical Minnesota Public Radio (99.5 FM), Bill Morelock rather presumptuously assumes ownership of classical music for himself and his listeners. The music is a product of genius, and the genius developed in human beings. Perhaps idiotically, Morelock believes this a point of pride for human beings everywhere. With Bob Christiansen, he created and hosted “Bob & Bill,” heard nationally on NPR from 1991 to '96. He was afternoon host at WCAL from '99 to 2004. He doesn't write or speak about music, media, or other meringue-weight often enough to annoy anybody.

Joette Poehler and Bill Fricke

Joette Poehler and Bill Fricke have been performing comedy (not necessarily together) for the past five years. They live in St. Paul with three cats, each of whom has a personality disorder (the cats, not Bill or Joette). Dinner at their house is a hoot. Seriously.

Honorable Mark Ritchie

Mark Ritchie serves as Minnesota's secretary of state, the state's chief elections officer. Mark previously worked in the administration of Minnesota's Governor Rudy Perpich in the Department of Agriculture, responsible for addressing the economic crisis facing family farmer and rural communities. Mark served for twenty years as the president of the Institute for Agriculture and Trade Policy (IATP), a Minnesota-based public research center working with businesses, churches, farm organizations, and other civic groups to foster long-term economic and environmental sustainability in Greater Minnesota.

Deborah Ruf

Deborah Ruf, Ph.D., is a specialist in gifted assessment, test interpretation, and guidance for the gifted. She is the national gifted children program coordinator for American Mensa. At this year's AG, the Mensa Education and Research Foundation honored her with its Intellectual Benefits Award. Her award-winning book, *Losing Our Minds: Gifted Children Left Behind* (July 2005), summarizes “levels of intelligence.”

James Satter

With a master's degree in the history of science and technology from the University of Minnesota, James Satter contributed to the book *Quack!* (2002) and writes about science in popular culture for academic journals. He was assistant curator at the Museum of Questionable Medical Devices. Now at the Science Museum of Minnesota, James devotes much of his time to making science fun and understandable for upcoming young scientists.

Katheryn Schneider

Originally from Colorado, Katheryn came to Minnesota 10 years ago to enjoy the beauty of our winters and its phenomenal landscapes. An enthusiastic lover of the outdoors, she grew concerned with visible signs of its deterioration. To assuage some of her stresses with these concerns and, in a sense, repay the environment, she joined the Environmental Stewardship Commission to help raise awareness of our environmental problems and their solutions.

Time Map

Day	Time	Ballroom	Foyer 2 nd floor	Games Room	Hospitality	Shuttle	Restaurant	St Paul I	St Paul II
Fri	12:00 PM								
Fri	1:00 PM								
Fri	2:00 PM								
Fri	3:00 PM		Registration						
Fri	4:00 PM			Games	Hospitality	Mall of America Trip			
Fri	6:00 PM								
Fri	7:00 PM				Pizza				Teen
Fri	8:00 PM				Registration				Hangout
Fri	9:00 PM								
Fri	9:30 PM								
Fri	10:00 PM			Double Deck					
Fri	10:30 PM			Elimination Hearts	Sing-a-long				
Sat	12:00 AM								
Sat	1:00 AM								

Day	Time	Suite	Tartan I	Tartan II	Tartan III
Fri	12:00 PM				
Fri	1:00 PM		MarketPlace		
Fri	2:00 PM		setup		
Fri	3:00 PM				
Fri	4:00 PM		MarketPlace		
Fri	6:00 PM			Personality types - Why Test?	
Fri	7:00 PM				
Fri	8:00 PM			An Inconvenient Truth - movie	The Last Mimzy - movie
Fri	9:00 PM				
Fri	9:30 PM				
Fri	10:00 PM				
Fri	10:30 PM				Joke-Off
Sat	12:00 AM				
Sat	1:00 AM				

Day	Time	Ballroom	Foyer 2 nd floor	Games Room	Hospitality	Shuttle	Restaurant	St Paul I	St Paul II
Sat	7:30 AM			Games	Hospitality				
Sat	8:00 AM		Registration						
Sat	9:00 AM								Children's
Sat	10:00 AM							Massage	Program
Sat	11:00 AM							Therapy	
Sat	11:30 AM				Lunch				
Sat	12:00 PM								
Sat	1:00 PM							Massage	
Sat	2:00 PM							Therapy	
Sat	3:00 PM		Silent Auction	Poker Tournament					
Sat	4:00 PM								
Sat	5:00 PM								
Sat	5:30 PM								
Sat	6:00 PM			Closed	Closed		Social Hour & Cash Bar		
Sat	7:00 PM						Banquet		
Sat	8:00 PM						MN Secretary of State		
Sat	9:00 PM			Games	Hospitality				Teen
Sat	9:30 PM						Ballroom Dance		Hangout
Sat	10:30 PM				Sing-a-long				
Sun	12:00 AM				Cookie Bake-Off				
Sun	1:00 AM								

Continues on the back cover

Time Map

Day	Time	Suite	Tartan I	Tartan II	Tartan III
Sat	7:30 AM				
Sat	8:00 AM				
Sat	9:00 AM		MarketPlace	An Inconvenient Truth - discussion	A Living Life Style
Sat	10:00 AM			Will the Flu Get You?	Questionable Medical Devices
Sat	11:00 AM			Drama of the Gifted Adult	Finding the Apricot Jam Inside
Sat	11:30 AM				
Sat	12:00 PM				
Sat	1:00 PM			Reinventing Retirement Workshop	The Fountain of Youth
Sat	2:00 PM			Optimal Health	Improv Workshop
Sat	3:00 PM			Myers-Briggs Personality Types	Ask the RVC
Sat	4:00 PM			Biblical Prophecy: Fact or Fantasy?	Thrill of Social Dancing
Sat	5:00 PM	New Members' Reception			
Sat	5:30 PM				
Sat	6:00 PM				
Sat	7:00 PM				
Sat	8:00 PM				
Sat	9:00 PM				
Sat	9:30 PM				
Sat	10:30 PM				
Sun	12:00 AM				
Sun	1:00 AM				

Day	Time	Ballroom	Foyer 2 nd floor	Games Room	Hospitality	Shuttle	Restaurant	St Paul I	St Paul II
Sun	8:00 AM				Hospitality				
Sun	9:00 AM								
Sun	10:00 AM	Brunch			Closed				
Sun	10:30 AM	Awards							
Sun	11:00 AM								
Sun	11:30 AM				Closeout sale				
Sun	12:00 PM								
Sun	12:30 PM								
Sun	3:00 PM								

Day	Time	Suite	Tartan I	Tartan II	Tartan III
Sun	8:00 AM				
Sun	9:00 AM				Ancient Future: A Personal Jo
Sun	10:00 AM				
Sun	10:30 AM				
Sun	11:00 AM				
Sun	11:30 AM				
Sun	12:00 PM				
Sun	12:30 PM				
Sun	3:00 PM				

Back in the Future

If you could go back and change something that would alter your future, would you?

If you could change something now that would alter your future, what would it be?